



THENAMARIS SEAFARERS ACADEMY

e-learning User Guide

**Marine Personnel
Performance and Development**

May 2020

Table of contents

General Information.....	2
Minimum requirements	3
Login.....	4
Home page	5
Course Area page.....	6
Training module screen.....	9

General Information

The **Thenamaris Seafarers Academy (TSA) e-learning** is a remote learning platform that is available to all Thenamaris seafarers, either when serving on-board the vessels managed by Thenamaris, or while on leave.

The **TSA e-learning** supplements the classroom training delivered in the context of **Thenamaris Seafarers Academy**, by providing a wide variety of e-courses. E-courses address the learning objectives in a condensed way and their content typically comes in the form of short videos, slide-shows, narrated presentations, etc. Their duration usually ranges from a few minutes to a few hours.

When on-board, the TSA e-learning operates through the vessels' wi-fi network -i.e. without using their internet connection. Users can access and view the e-courses from any spot of the vessel, through any personal portable electronic devices like laptops, tablets, smartphones, etc., even of minimum hardware and software specifications.

When ashore, the TSA e-learning works through the internet, and users can login with the same credentials as on-board.

The content of the **TSA e-learning** covers a broad range of Thenamaris-specific systems and technical courses, as well as a spectrum of industry and makers-specific topics. The platform is continuously enriched with more e-courses, in line with the company's running needs and the shipping industry's developments.

Minimum requirements

The platform operates with the following minimum software requirements:

Desktop or laptop PCs:

1. Web Browser:
 - a. Internet Explorer 11.0 or newer version,
 - b. Firefox 40.0 or newer version,
 - c. Google Chrome 40.0 or newer version.
2. Adobe Flash Player: version 12 or newer.
3. Screen resolution: 1024x768.

Portable devices (smartphones, tablets, etc.):

1. Web Browser:
 - a. Google Chrome 40.0 or newer
 - b. Apple Safari 8 or newer
2. Small screen size and touch mobile device may have an impact on course experience.

NOTE: course compatibility with mobile devices varies based on course content.

Login

Follow below steps to access and login to the [Thenamaris Academy e-learning](#):

1. Type the following on your browser's address bar:
 - a. When onboard: 192.168.1.22.
 - b. When ashore: <https://thenamaris.sqllearn.com/>
2. Insert your 6-digit Seaman Code number both on *Username* and *Password* fields.
3. Click on the *Login* button.
4. In case you have forgotten or lost your password click on *Lost password?* button.

Help

THENAMARIS SEAFARERS ACADEMY

Welcome to Thenamaris Seafarers Academy e-learning platform

Login

2 Username

3 Password

4 Log in Lost password?

©2017 THENAMARIS. How shipping should be. Developed by SQLearn.

Home page

Upon successful Login, you get to the **Home** page of the platform. Below sections are available on Home page:

1. *Help*: provides access to this User Guide.
2. Top *Menu*: provides navigation options: *Home* and *Logout*.
3. *Breadcrumb*: displays the path to the page displayed.
4. Left *Menu*: provides navigation options: *Home* and *Logout*.
5. *Welcome* text: provides useful general information on Thenamaris Seafarers Academy, and the e-learning platform. Click on *read more* button to expand the full text
6. *Personal Training Record*: displays available courses assigned to a user according to his rank. The courses are separated in: *Completed* and *Pending*. The courses are also categorized as:
 - a. **Thenamaris Technical courses**: courses related to various aspects of daily work onboard Thenamaris vessels.
 - b. **Industry & Makers' material**: courses related to shipping industry general standards and requirements, Charterers' material and initiatives, various equipment manufacturers' manuals, etc.
 - c. **Thenamaris Systems' Tutorials**: courses related to internal systems and processes like the P&D system, etc.

Courses are indicated as:

- R=Required, i.e. necessary to be completed within a 3-year period
- D=Desired, i.e. necessary to be completed at users' earliest convenience

Click on a course title to get to the relevant **Course Area**.

7. *Manage Password*: provides the option *Change Password*, through which the user can modify his password

Theanamaris Seafarers Academy e-learning User Guide

The screenshot displays the user interface of the Theanamaris Seafarers Academy e-learning platform. The interface is divided into several sections, each highlighted with a red box and a numbered callout:

- 1:** Help button in the top navigation bar.
- 2:** User profile dropdown menu for Konstantinos Neamonitakis, containing links for Home and Log out.
- 3:** Home button in the left sidebar.
- 4:** Menu button in the left sidebar, which opens a sub-menu with Home and Logout options.
- 5:** Welcome message and user information for Neamonitakis Konstantinos (k.neamonitakis).
- 6:** Personal Training Record section, which includes a table of pending courses and a section for completed courses.
- 7:** Manage Password button in the right sidebar, with a Change Password link below it.

Welcome to the Theanamaris Seafarers Academy e-learning

The Theanamaris Seafarers Academy (TSA) e-learning is a remote learning platform that is available to all Theanamaris seafarers, either when serving onboard the vessels managed by Theanamaris, or while on leave.

[read more... >](#)

Personal Training Record

Pending Courses	Deadline	Type
Thenamaris Technical Courses		
TC 5.0 Structure & Function of the human body		
TC 6.0 Medical First Aid: Accidents and treatment		
TC1.0 Preventing Hand Injuries		R
Industry & Maker's Material		
IM1.1: Resilience - Module 1: Change is a part of living		R
IM1.10: Resilience - Module 10: Gratttude		R
IM1.11: Resilience - Module 11: Positive communication		R
IM1.2: Resilience - Module 2: Keep things in perspective		R
IM1.3: Resilience - Module 3: Take decisive action		R
IM1.4: Resilience - Module 4:Take care of yourself		R
IM1.5: Resilience - Module 5: What is resilience?		R
IM1.6: Resilience - Module 6: Dealing with crises		R
IM1.7: Resilience - Module 7: Making Connections		R
IM1.8: Resilience - Module 8: Maintain a hopeful outlook		R
IM1.9: Resilience - Module 9: Connections to home		R
IM2.0: Cyber Security Awareness		D
Thenamaris Systems' Tutorials		
ST1.1:Performance and Development System - Appraisees		
Completed Courses	Date Completed	Certificate

Course Area page

Below sections are available on each **Course Area** page:

1. *Help*, 2. Top *Menu*, 3. *Breadcrumb*, 4. Left *Menu*: same as on Home page.

5. *General Information*: provides useful general information on the course.

6. *Training modules*: this is the actual training content you must view.

Training modules are indicated with this icon: 

7. *Helpful Material*: provides additional material related to the course.

8. *Course Completion Status*: displays the running progress of course completion.

9. *Course Completion Criteria*: displays the criteria you must meet for successfully completing a course.

The screenshot displays the user interface of the Thenamaris Seafarers Academy e-learning platform. The interface is annotated with red circles and numbers 1 through 9, highlighting specific elements:

- 1:** Help button in the top navigation bar.
- 2:** User profile dropdown menu for Konstantinos Neamonitakis, containing Home and Log out options.
- 3:** Breadcrumbs showing the current page path: Home > TSMI0001_Performance_and_Development_System_Appraisees.
- 4:** A side menu with Home and Logout options.
- 5:** General Information section, including Course General Information.
- 6:** Course title: 1. The Marine Personnel P&D System Basics, with a progress indicator.
- 7:** Helpful Material section, listing Evaluation Matrix and MP Competency Dictionary.
- 8:** Course Completion Status section, showing Status: Complete and a table of required criteria.
- 9:** Course Completion Criteria section, detailing the requirements for successful course completion.

Course Completion Status

Status: Complete

All criteria below are required:

Required criteria	Status
Activity completion	1 of 1

More details

Course Completion Criteria

This course is considered successfully completed when meeting all below criteria:

- a) accessing and viewing at least 80% of the total training content,
- b) investing adequate attendance time.

©2017 THENAMARIS. How shipping should be. Developed by SQLearn.

Training module screen

Upon clicking on a training module title, a new screen pops up displaying the training content. The most common features appearing on these screens are:

1. *Menu*: lists all contents of the running training module. You can use this *Menu* to navigate through the topics of a module.
2. *About Thenamaris*: displays general information about Thenamaris.
3. *Useful Material*: provides additional material related to the course.
4. *Navigation Info*: displays information on how to navigate through the training module.
5. *Exit*: upon clicking on this button you exit the running training module.
6. *Main screen*: displays the training content (slides, videos, etc.).
7. *Search*: allows searching for a term and displays the module's sections where it appears. Search results appear under *Menu* section.
8. *Volume adjuster*: allows adjusting the volume.
9. *Progress bar*: shows playing progress of the running slide or video. *Play/Pause* and *Replay* buttons are available.
10. *Browsing buttons*: allow navigating through the training module.

The screenshot displays the e-learning interface for 'The Marine Personnel P&D System Basics'. The interface includes a menu on the left, a main content area with a video player, and a navigation bar at the bottom. Red circles with numbers 1 through 10 highlight specific elements:

- 1: The left-hand navigation menu.
- 2: The 'About Theanamaris' button in the top right navigation bar.
- 3: The 'Useful Material' button in the top right navigation bar.
- 4: The 'Navigation Info' button in the top right navigation bar.
- 5: The 'Exit' button in the top right navigation bar.
- 6: The main content area featuring a video player with the title 'Thoughts about the Marine Personnel P&D System' and a thumbnail image of crew members.
- 7: The search bar at the bottom left.
- 8: The video player controls, including play, pause, and volume buttons.
- 9: The 'PREV' and 'NEXT' navigation buttons at the bottom right.
- 10: The bottom right corner of the interface, including the zoom level indicator (100%).